

Junior Sprint Fell Relays – Ilkley Moor Date

Younger Teams start at 6pm, followed by Older Teams once younger teams all finished

Details; Near Darwin Gardens, Wells Rd, Ilkley. Registration from 5pm. Teams of 4: £6 per team: course is 4 laps of U9 Fell course (0.5mile) with the first lap est. 200m longer; 3 categories – all boys, all girls and mixed (2 of each); 2 competitions – younger boys/girls can be competitive in the older competition. Ice pop to all finishers. Medals to winning team in each category in each competition. Please note to be awarded a medal an individual can only be competitive in ONE team and for the team to be awarded medals all 4 runners must be competitive.

Team Name:

Category (circle one) all boys all girls mixed (2 of each)

Competitive (circle one) Younger (6-10 years) Older (11-14 years)

Competitive or Non competitive (circle one) – see note above.

Runners Names (in running order) – AGE ON THE DAY

Leg 1 Age

Leg 2 Age

Leg 3 Age

Leg 4 Age

Notes The Junior Relay course is flagged and marshalled, however parents/accompanying adult must be happy with the course and confident that all the children within the team are capable of running in the race. A parent/accompanying adult should read and sign the FRA disclaimer below on behalf of all the juniors in the team.

FRA Disclaimer (applies to all runners)

I accept the hazards inherent in fell running and acknowledge that the children are entering and running this race at their own risk. I confirm that I am aware of the rules imposed on my child by the Race Organiser and that he/she will comply with them. I confirm that I have read, and that the children will comply with, the “FRA Requirements for Runners”. I acknowledge and agree that I am responsible for determining whether the children have the skills equipment and fitness to participate in this event. I accept that neither the Race Organiser nor the Fell Runners Association shall be liable to my child for any injury, loss or damage of any nature to them or their property arising out of their participation in this race (other than in respect of death or personal injury as a result of their negligence). I consent to publication of my child’s name, club, race category, race number, finishing time and race position in race pre-entry and results lists, and to sharing this information with trusted partner organisations (e.g. UK Athletics) for disciplinary purposes or otherwise where necessary in the interests of the sport.

Signed (adult)

Date

Print Name

Telephone No: